

## CHOOSING YOUR CONFIRMATION NAME

Choosing a Catholic saint as a Confirmation patron is an ancient custom. This canonized saint becomes a role model for your Christian life. They can become a trusted friend and guide because, if chosen well, they share characteristics that you see or would like to strengthen in yourself. Whether you are an athlete (*St. Sebastian*), an actor/dancer (*St. Vitus*), love animals (*St. Francis of Assisi*) or hope to become a lawyer (*St. Thomas More*), our Catholic faith offers us thousands of people to whom we can turn in the Communion of Saints.

Each candidate must choose a Confirmation name. Remember that some names are a derivative of a saint name, like Katie is a form of St. Catherine or Nicole is the feminine form of St. Nicholas.

- If your first or middle name is already connected to a saint, you may decide to use either of those names.
- You might want to choose an additional saint for Confirmation – even if you are already named after a saint. This is often true when you feel a close connection to a saint.

It is important to remember that some names have many saints who share that name. For example, one Catholic website lists [31 Saints named John!](#) It is important that you know exactly which saint you are choosing.

### How to do this!

1. “Holy Spirit, grant us Your wisdom. Holy Mother, grant us your wisdom.”
2. Have a pen ready!
3. Go to the internet and use any of the following sites for your research! Type these directly into your browser:
  - CatholicSaints.info
  - <http://www.catholic.org/saints/>
  - [www.catholic-saints.info](http://www.catholic-saints.info)
  - <https://www.ewtn.com/catholicism/saints>

Read about the many, many saints the Catholic Church has! We have thousands to choose from!

4. Complete form

See back for Saint Form

Part III

Name: \_\_\_\_\_

1. I chose Saint \_\_\_\_\_.
2. He/she was born in the year \_\_\_\_\_.(If Known)
3. He/she is the patron saint of \_\_\_\_\_.
4. Does anyone you know share this name? If so, tell why this person is important in your life.

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5. Tell what about this saint drew you into looking into him/her. His/her name? His/her story? His/her life? His/her death? His/her interests are like mine?

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6. The most interesting/important thing I learned about my saint is?

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